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This book addresses the fact that, despite the inevitability of aging, the vast majority of us are ill-prepared for eldercare. Eldercare as Art and Ministry broadens and deepens an understanding of eldercare as an art and as a ministry. As art, eldercare requires creativity, imagination, and perseverance. Here, ministry is considered in its fullest meaning, to include guiding, administering, serving, waiting upon, or acting as a loved one's agent. Through stories, lessons, and poignant vignettes, Jackson-Brown calls each one of us—whether young or older, ordained or laity, fortunate or less fortunate, prepared or not—to serve and care for an aging loved one. For lay people and professionals, this book is a guide to navigate the challenges of eldercare and to find meaning in this important work. Do You Find Yourself in the Role of Caregiver? If you are caring for an aging parent, spouse, or other loved one, you are not alone. Statistics show that nearly 25 percent of all households in the United States are providing care for an elderly person. Although you may be willing to help, you may find the task comes with unexpected challenges. Matters you never thought about are now your responsibility--healthcare, housing, financial and legal matters, as well as day-to-day issues involving nutrition, medications, and personal safety. You may find yourself worried, overworked, and exhausted. Over the past thirty years, Doctor Marion Somers, a leading geriatric specialist, has helped thousands of individuals and their families with these matters. Now, in "Elder Care Made Easier," she draws from those decades of experience to offer 10 practical steps to help you navigate your caregiver's journey: - Communicate openly - Put safety first - Improve the lifestyle - Make life easier with adapted equipment - Manage financial issues - Take care of legal matters - Find mobility in disability - Find the right housing - Hire help when it's needed - Learn to let go Doctor Marion Will Save You Time, Money, and Heartache "MacArthur Genius recipient Anne Basting lays out her pioneering discoveries in applying creativity to treating and interacting with those suffering from dementia, bringing to this otherwise dark world both light and joy"-- Handbook of Geriatric Care Management, Fourth Edition is a comprehensive and practical guide for care managers that addresses the multiple needs of aging adults and their families. An ideal teaching tool, it guides students and professionals along the journey of becoming a successful care manager. New to this edition are two new chapters on working with older veterans and helping clients with depression. Completely updated and revised, the Fourth Edition provides updated ethics and standards, a focus on credentialing and certification, numerous case studies, sample forms and letters, and tips for building and growing a care manager business. Named a 2013 Doody's Essential Purchase! "Since there are few books available on this topic that are this comprehensive and well-organized, this book should be of value to anyone interested in the topic of assisted living facilities in the U.S." Score: 98, 5 stars.óDoody's Medical Reviews "This book is much needed. It offers a practical approach to key issues in the management of an assisted living facility... It is especially pleasing to see the long needed collaboration between nursing, social services, and education that is reflected by the training of the authors. This book is an important milestone for the field of aging and assisted living administration." From the Foreword by Robert Newcomer, PhD, Department of Social and Behavioral Sciences University of California-San Francisco Assisted Living Administration and Management contains all the essentials for students new to the field, as well as nuanced information for professionals looking to fine-tune their skills. This comprehensive resource provides

deeper insights to address the ever-changing world of the assisted living community, containing effective best practices and model programs in elder care. The authors provide the necessary tools and tips to maximize the overall health, safety, and comfort of residents. This landmark reference, for assisted living and senior housing administrators as well as graduate students, contains the most practical guidelines for operating assisted living facilities. It offers advice on hiring and training staff, architecture and space management, and more. This multidisciplinary book is conveniently organized to cover the most crucial aspects of management, including organization; human resources; business and finance; environment; and resident care. Key Features: Highlights the most effective practices and model programs in elder care that are currently used by facilities throughout the United States Contains useful details on business and financial management, including guidelines for marketing, legal issues and terms, and public policy issues Includes chapters on environmental management, with information on accessibility, physical plant maintenance, and disaster preparedness Emphasizes the importance of holistic, resident care management, by examining the biological, psychological, and social aspects of aging Enables students to evaluate, analyze, and synthesize information on how to operate assisted living facilities This interdisciplinary clinical reference encompasses hundreds of current entries on a broad range of topics related to geriatrics and geriatric care across multiple health care disciplines. It contains the updated, evidence-based contributions of more than 250 nationally recognized geriatric healthcare professionals regarding elder-care concerns relating to society, community, caregiving, and the individual. Portraying people who have lived and worked in long-term nursing home facilities, *Elder Care Catastrophe* reveals how organizational dynamics and everyday rituals have unintentionally led to resident neglect and abuse. Backed up by research and grounded in sociological theory, this book offers alternative models for lessening the maltreatment of people living in nursing homes. It provides critical information for family members struggling with nursing home issues, nursing home employees, policy-makers, students and researchers concerned with elder care issues. "The information [in this book] is amazing. I reviewed topics in which I have expertise and was very satisfied. This is an excellent addition to my library and I will refer to it often, much like a medical dictionary. Score: 90, 4 Stars.--Doody's Medical Reviews "The third edition of this encyclopedia provides 273 comprehensive, yet succinct, entries on a variety of topics related to elder care. ... In addition, many of the entries include see also references that help readers easily navigate the book. Entries are written at an undergraduate level and would be useful for practitioners, students, and caregivers...Recommended."--Choice: Current Reviews for Academic Libraries This interdisciplinary clinical reference encompasses more than 310 current entries on a broad range of topics related to geriatrics and geriatric care across multiple health care disciplines. The third edition reflects the many advances in geriatrics that have occurred since the publication of the second edition in 2006. It contains the updated, evidence-based contributions of more than 260 nationally recognized geriatric healthcare professionals regarding elder-care concerns relating to society, community, caregiving, and the individual. Completely new entries address Geriatric Care Models (acute care for elders, Project BOOST), Geriatric Health Issues (diarrhea in adults, prolonged hospitalization, frailty, fronto-temporal dementia, re-hospitalization, acute urinary retention, personality and aging, primary palliative care), Technology and Aging (Smart home sensors, Telehealth, Surveillance technology), and more. The Encyclopedia is organized alphabetically and includes links to important Web-based resources and Apps. Clinical topics comprehensively address diagnosis, treatment, and disease management. Health care clinicians across the continuum will find this reference—the only one of its kind--to be a valuable guide to making appropriate referrals to social service providers, and social service professionals will be well informed by highly accessible descriptions of diagnoses, clinical syndromes, and care management. Key Features: Includes over 310 updated geriatric and geriatric care clinical entries across multiple healthcare disciplines Contains state-of-the-art contributions from over 260 nationally recognized geriatric healthcare experts Provides clinical content for social service professionals and social care information for clinicians Offers new information on multiple topics relating to Geriatric Care Models, Geriatric Health Concerns, and

Technology and Aging References numerous Web-based resources and Apps The tools and answers you need to help your parents receive the care they deserve. The Key Aspects books, each of which has won a Book-of-the-Year Award from the American Journal of Nursing, are designed to move the ideas and findings of nursing research into the practice setting. Each volume distills dozens of studies into a readable, jargon-free format with immediate relevance to nursing practice, and includes suggestions for implementation. A guide to more successful communication for the millions of Americans caring for someone with dementia: "Offers a fresh approach and hope."—NPR Revolutionizing the way we perceive and live with Alzheimer's, Joanne Koenig Coste offers a practical approach to the emotional well-being of both patients and caregivers that emphasizes relating to patients in their own reality. Her accessible and comprehensive method, which she calls habilitation, works to enhance communication between care partners and patients and has proven successful with thousands of people living with dementia. Learning to Speak Alzheimer's also offers hundreds of practical tips, including how to: · cope with the diagnosis and adjust to the disease's progression · help the patient talk about the illness · face the issue of driving · make meals and bath times as pleasant as possible · adjust room design for the patient's comfort · deal with wandering, paranoia, and aggression "A fine addition to Alzheimer's and caregiving collections."—Library Journal (starred review) "Promises to transform not only the lives of patients but those of care providers...This book is a gift."—Sue Levkoff, coauthor of Aging Well A wide variety of legal issues surround caring for older individuals. Health and human service practitioners need to plan, provide and evaluate geriatric care, while also understanding public policies. Legal knowledge is an essential part of caring for the elderly. Students and professionals must be able to deliver appropriate care while also being aware of any legal, ethical and political issues that may arise. Legal Aspects of Elder Care provides a clear overview of geriatric policies and laws, enabling the reader to use informed decision-making with older clients. The only guide you'll ever need to manage the care of your aging family FULLY REVISED AND UPDATED As our population shifts and ages, the care needs for our elders continue to change and evolve. Today's generation of family and professional caregivers faces new decisions and challenges, as well as previously unavailable options. This thoroughly revised and updated 2009 edition of The Complete Eldercare Planner equips you with reliable, up-to-the-minute information to help you plan and manage caring for your loved ones. Comprehensive and detailed, sensitive and realistic, practical and accessible, the 2009 edition provides even more tips on prioritizing and organizing caregiving tasks, balancing work and family responsibilities, and navigating the complex maze of eldercare services. In addition to an expanded index of Internet resources and access to downloadable forms of key documents, you'll find indispensable checklists, worksheets, step-by-step action plans, lists of questions to ask, low-cost and free alternative resources, and The Document Locator™. This new edition covers: •Getting started on creating a long-term care plan •Finding help, especially if you live far away •Managing the financial aspects •Talking to elders about sensitive subjects •Senior housing—move or stay put? •Managing medications •And many other topics of vital interest to anyone caring for an elder This book is about caring for elderly persons in the 21st century. It shows that care has many facets and is influenced by many factors. Central topics of this book thus include the relation between the person depending on care and the care giver(s), the impacts of caregiving on the family and the larger social context, as well as socio-cultural and political aspects underlying the growing need for and the practice of formal and informal care. It is evident that care as a real-life phenomenon of our time needs the co-operation of multiple disciplines to better understand, describe, explain and modify phenomena of elder care. Such a need for cross-disciplinary research is even more urgent given the increasing population aging and the impending gaps between demand and supply of care. The present book is dedicated to this approach and provides a first substantive integration of knowledge from geropsychology, other gerosciences, and cultural psychologies by a multi-disciplinary cast of internationally renowned authors. Cultural psychology emerged as a valuable partner of the gerosciences by contributing essentially to a deeper understanding of the relevant issues. Reading of this book provides the reader—researcher or practitioner—with new insights of

where the problems of advancing age take our caring tasks in our 21st century societies and it opens many new directions for further work in the field. Finally and above all, this book is also a strong plea for solidarity between generations in family and society in a rapidly changing globalized world. A comprehensive guide to emotional, legal, medical, psychological and other issues relating to elderly care. Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. *Families Caring for an Aging America* examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults. Thoroughly updated and expanded, a compassionate, single-volume reference to the many emotional, legal, financial, medical, and logistical issues associated with caring for aging parents covers such areas as nursing homes, finances, finding a good doctor, legal arrangements, redefining parental relationships, and handling emotional challenges. Original. Assessing older adults, managing disorders and complications, avoiding drug dangers, and detecting abuse and neglect. *Elder Care in Occupational Therapy* has been extensively revised into a new and completely updated second edition. This pragmatic text presents up-to-date information in a user-friendly format that seamlessly flows from one subject to the next. From wellness to hospice, *Elder Care in Occupational Therapy, Second Edition* offers a broad yet detailed discussion of occupational therapy practice that is devoted to older adults. A wide variety of topics are covered in a concise format, such as historical perspectives, theoretical insights, the aging process, and current interventional strategies, to name a few. Twenty informative appendices are also included that clarify issues such as Medicare coverage, community and clinical living arrangements, client-centered practice, exercise programs, evidence-based practice, and a summary of the newly adopted Occupational Therapy Practice Framework: Domain and Process. Additional features: Contains information about the most advanced scientific achievements that can ultimately affect occupational therapy. Lists new and updated resource materials. Presents case studies that provide theoretical considerations and Intervention methods. Clearly discusses exciting and new venues for occupational therapy programming. Explains fundamentals of documentation and current reimbursement issues. Perfect for the student or clinician, *Elder Care in Occupational Therapy, Second Edition* provides classic, professional information on theory, disease entities, and intervention in a comprehensive format. The *Encyclopedia of Elder Care* is a state-of-the-art resource featuring nearly 300 articles. Topics include acute and chronic disease, home care including family-based care provisions, nursing home care, rehabilitation, health promotion, disease prevention, education, case management, social services, assisted living, advance directives, palliative care, and much more! Still the only reference of its kind, the book will prove to be an indispensable tool for nurses, physicians, social workers, counselors, health administrators, and more. Does a longer life mean a healthier life? The number of adults over 65 in the United States is growing, but many may not be aware that they are at greater risk from foodborne diseases and their nutritional needs change as they age. The IOM's Food Forum held a workshop October 29-30, 2009, to discuss food safety and nutrition concerns for older adults. If you are caring for an aging parent, spouse, or other loved one, you are not alone. Statistics show that nearly 25 percent of all households in the United States are providing care for an elderly person. Although you may be willing to help, you may find the task comes with unexpected challenges. Matters you never thought about are now your responsibility—healthcare, housing, financial and legal matters, as well as day-to-day issues involving nutrition, medications, and personal safety. You may find yourself worried, overworked, and exhausted. Over the past forty-five years, Doctor Marion Somers, a leading geriatric specialist, has helped thousands of individuals and

their families with these matters. In *Elder Care Made Easier*, she draws from those decades of experience to offer 10 practical steps to help you navigate your caregiver's journey: &• Communicate openly &• Put safety first &• Improve the lifestyle &• Make life easier with adapted equipment &• Manage financial issues &• Take care of legal matters &• Find mobility in disability &• Find the right housing &• Hire help when it's needed &• Learn to let go

Doctor Marion Will Save You Time, Money, and Heartache "She shares with us her gold - the conception, trial and error implementation, and initial scientific investigation of a new, educationally-oriented treatment approach that she has named mindfulness-based elder care (MBEC)."-from the Foreword by Saki Santorelli, EdD, MA, Associate Professor of Medicine, Executive Director, Center for Mindfulness in Medicine, Health Care, and Society University of Massachusetts Medical School

Drawing on years of experience as a geriatric social worker and mindfulness-based stress reduction practitioner, the author has taken Jon Kabat-Zinn's Mindfulness-Based Stress Reduction program and adapted it to the particular needs of elders, their families, and professional caregivers. Mindfulness practices focus on abilities, rather than disabilities, in order to provide paths to the inner strengths and resources that we all possess. McBee's Mindfulness-Based Elder Care conveys the benefits of mindfulness through meditation, gentle yoga, massage, aromatherapy, humor, and other creative therapies to this special population. She provides clear, concise instructions for her program, as well as a wealth of anecdotal and experiential exercises, to help readers at all levels of experience. Hers is the first book to fully explore the value of mindfulness models for frail elders and their caregivers. Features of this groundbreaking volume include: Valuable tips for establishing programs to address each population's specific needs and restrictions Designed for short classes or 8-week courses Detailed experiential exercises for the reader Replete with case studies Clear, easy-to-follow instructions for elders and caregivers at all levels This innovative book is suitable for use with a variety of populations such as nursing home residents with physical and cognitive challenges, community-dwelling elders, direct-care staff, and non-professional caregivers. Combining expert knowledge and first-hand experience, a noted elder care researcher confronts the long-distance care of her own mother. For millions of Americans caregiving is the "new normal." For Laura Katz Olson, a respected researcher of long-term care for the aging, *Elder Care Journey* chronicles the disruption of her world and how it is upended by the ever-increasing long-distance needs of her own mother. A healthy, Senior Olympics medal winner, Olson's mother is slowly and steadily incapacitated by Parkinson's disease and a gradual loss of vision. Thrust into a long-distance caregiving role, Olson finds her previous academic notions about assisting a frail parent increasingly at odds with the reality of the lived experience. In a narrative full of "ah-ha!" moments, tears, sighs, and outrage that will be familiar to many, Olson opens a window into the nursing home and home care industries that consume much in the way of taxpayer dollars, but often fail to deliver quality care. Olson's personal story vividly demonstrates not only the overwhelming bureaucratic barriers faced by care-dependent seniors but also their beleaguered adult children's attempts to ensure their parents' health, safety, and well-being. "After losing two siblings, Laura Katz Olson is left singularly responsible for her physically active and lively mother, Dorothy, a thousand miles away, both young at heart and eagerly bicycling everywhere, but increasingly limited by the normal process of aging. Being an expert on aging and health care, Olson is at first confident as she tries to let her mother "age in place." More than anyone, she believes, she should know what to do. Shuttling between Florida and Pennsylvania, Olson settles into a crushing routine, and with each visit she finds incremental downward change in her mother's health. Pulled by daughterly guilt at times, but also a wellspring of love, Olson is frank about the resentment she sometimes experiences. "With a unique perspective that links the systemic flaws in our policy approach to elder care to real-world experience, Olson exposes the challenges we all face or are likely to face. More than a personal story, but nevertheless an extremely compelling one, the book should be read by those confounded and frustrated, and by those without direct knowledge of what quietly repeats itself millions of times a day." " Miriam Laugesen, Department of Health Policy and Management, Columbia University "In *Elder Care Journey*, Laura Olson tells the riveting story of helping her aging, disabled mother navigate the system of long-term services and

supports. A renowned scholar of aging and long-term care policy, Dr. Olson was nevertheless unprepared for the daily frustrations involved in confronting a bewildering array of obstacles, deceptions, burdensome and repetitive procedures and paperwork, and catch-22s, ranging from the annoying to the downright dangerous. She shows how well-intentioned policies can fall far short of meeting people's needs, especially for those in greatest need, in a system based on fragmented interests and private-sector profit maximization. Combining scholarly expertise with personal experience, she ends the book with a detailed but highly accessible analysis of the long-term care system and how it could be improved to the benefit of both taxpayers and beneficiaries. This book is a compelling read for policymakers and for students and scholars of health care and social welfare policy, highly recommended for undergraduate and graduate courses. The author's experiences also provide helpful advice to caregivers on what to expect and how to deal with it, as well as reassurance that they are not alone.

— Christine L. Day, University of New Orleans

“If a society is judged by how well it treats its most vulnerable members, Laura Katz Olson, a prominent health policy scholar, demonstrates that we have a long way to go in how we serve frail and disabled elders in need of long-term services and supports at the end of their lives. Olson develops a compelling narrative that describes the subtle and not-so-subtle indignities imposed on elders and their caregivers navigating the complex maze of health and social service systems at their hour of greatest need. Even an expert such as Olson struggled in light of the challenges posed by these impediments. By connecting her own personal journey to the larger societal challenges within which her struggles are embedded, Olson makes a significant contribution to the literature that should be required reading for scholars, practitioners, and policymakers looking to advance the welfare of the nation's most vulnerable citizens.”

— Edward Alan Miller, author of *Block Granting Medicaid: A Model for 21st Century Medicaid Reform?*

“This page-turner is at once a tender tale of a daughter's devotion and a stinging indictment of the hugely complex and wholly inadequate American long-term care system. That an elder-care expert can barely navigate the Byzantine web of public and private insurance and services for her disabled mother is alarming enough. Truly horrific are the system's shortcomings and the increasing role that for-profit providers play, fleecing and even abusing their customers. A startling wake-up call.”

— Andrea Louise Campbell, author of *Trapped in America's Safety Net: One Family's Struggle*

Combining expert knowledge and first-hand experience, a noted elder care researcher confronts the long-distance care of her own mother. Winner of a Gold Medal, 2017 Living Now Book Award in the Caregiving category Shortlisted for the 2016 Sarton Women's Book Awards in the Memoir category presented by the Story Circle Network

For millions of Americans caregiving is the “new normal.” For Laura Katz Olson, a respected researcher of long-term care for the aging, *Elder Care Journey* chronicles the disruption of her world and how it is upended by the ever-increasing long-distance needs of her own mother. A healthy, Senior Olympics medal winner, Olson's mother is slowly and steadily incapacitated by Parkinson's disease and a gradual loss of vision. Thrust into a long-distance caregiving role, Olson finds her previous academic notions about assisting a frail parent increasingly at odds with the reality of the lived experience. In a narrative full of “ah-ha!” moments, tears, sighs, and outrage that will be familiar to many, Olson opens a window into the nursing home and home care industries that consume much in the way of taxpayer dollars, but often fail to deliver quality care. Olson's personal story vividly demonstrates not only the overwhelming bureaucratic barriers faced by care-dependent seniors but also their beleaguered adult children's attempts to ensure their parents' health, safety, and well-being. Laura Katz Olson is Professor of Political Science at Lehigh University and the author and editor of many books, including *The Politics of Medicaid* and *The Not-So-Golden Years: Caregiving, the Frail Elderly, and the Long-Term Care Establishment*. She lives in Wind Gap, Pennsylvania. Caring for elders outside of institutions is the fastest growing sector of US health care. Building on their research study at the Park Ridge Center, editors Holstein and Mitzen, together with a team of experts, examine the complexities involved in developing an ethics for community-based long-term care. They also challenge policymakers to make home care a more viable option for older people in need. Chapters address many of the ethical and practical problems

that arise in the care of older people with physical and mental disabilities--including how to allocate scarce funds, how to keep good caregivers, how to balance concerns of autonomy, risk and safety, and worker stress. The volume is an excellent resource for practitioners, policymakers, and students. The challenges of life for elders can be daunting. Whether you are an elder or a caregiver, you don't have to do this alone. I know the journey isn't easy, and through my experience as an elder care nurse, and your effort and greater understanding, we can help develop a life that elders want and deserve, even when they need assistance. In this book, I will help you understand the impacts of aging, challenges of daily life, assisted living, memory care, skilled nursing, home health and hospice. In addition, I will guide you on how to help your senior loved ones and determine how to integrate family and friends to assist with elder care. Navigating Elder Care provides you with concrete tools to manage the challenges and embrace multiple possibilities for supporting elders. The insights and guidance provided here are based on over a decade of experience, leadership, and education as a certified gerontology nurse working in senior living, elder care, and dementia support. Elder Law Practice in Tennessee covers all aspects of elder law as it currently exists in Tennessee. This one volume treatise addresses senior citizens and the law relevant to the legal practitioner and others providing allied services. Using this book as a guide, you can feel confident when:

- planning for medical, financial, and quality of life decisions,
- setting up a conservatorship,
- making ethical considerations in elder law practice,
- choosing housing options for an elderly client, and
- planning for long-term care.

The appendices include an Elder Law Planning Questionnaire for client use, a table of current public benefits figures, life estate and life expectancy tables, as well as a resource directory. "The contributors to this book present case studies of elder care in China and India, and draw comparisons between the two - illuminating some of the key issues facing the two largest Asian countries as they develop rapidly. Caring for the elderly is a major challenge for all countries, and one which is of acute concern for rapidly developing economies. Development tends to run counter to long-established cultural norms of family-based caring and filial piety, even as it also tends to lead to longer life expectancy. Taking a range of methodological and conceptual approaches to understanding these challenges, the contributors present a multifaceted understanding of elder care issues in both India and China. They focus in particular on caregiving within families and at care homes - and the impacts these have on quality of life and the experience of caregiving for both caregivers and the aged themselves. An invaluable collection for scholars and students of gerontology and aging in Asia, that will also be of great interest to scholars with a broader interest in global trends in caregiving"-- cs.nurse.gerontol

Wise, smart, and ever-helpful, an essential guide to caring for aging parents. When Jane Gross found herself suddenly thrust into a caretaker role for her eighty-five year-old mother, she was forced to face challenges that she had never imagined. As she and her younger brother struggled to move her mother into an assisted living facility, deal with seemingly never-ending costs, and adapt to the demands on her time and psyche, she learned valuable and important lessons. Here, the longtime New York Times expert on the subject of elderly care and the founder of the New Old Age blog shares her frustrating, heartbreaking, enlightening, and ultimately redemptive journey, providing us along the way with valuable information that she wishes she had known earlier. We learn why finding a general practitioner with a specialty in geriatrics should be your first move when relocating a parent; how to deal with Medicaid and Medicare; how to understand and provide for your own needs as a caretaker; and much more. Includes chapters on the following subjects: Finding Our Better Selves The Myth of Assisted Living The Vestiges of Family Medicine The Best Doctors Money Can Buy The Biology, Sociology, and Psychology of Aging Therapeutic Fibs

Written by an elder law attorney with over 23 years experience, this book will help anyone with a family member faced with a long-term stay in a nursing home who wishes to preserve at least some of their assets by qualifying for the Medicaid program. You don't have to be broke to qualify! For the first time ever, the inside secrets of high-priced estate planning and elder law attorneys are revealed. Includes a summary of all income and asset rules for both married and single individuals, together with numerous examples and several case studies, which take the reader through the same thought

processes that an experienced elder law attorney would go through when analyzing a real-life clients situation. The book includes tips on: how to title your home so you do not lose it to the state; how to make transfers to family members that wont disqualify you from Medicaid; how annuities make assets disappear; smart tricks for spending down your assets; what to change in your will to save thousands of dollars if your spouse ever needs nursing home care; avoiding the states reimbursement claim following the nursing home residents death; and much more. Completely up-to-date, the book includes the massive changes made by the Deficit Reduction Act of 2005 as well as the December 2006 Tax Relief and Health Care Act amendments. A NATIONAL BESTSELLER SHORTLISTED FOR THE BALSILLIE PRIZE FOR PUBLIC POLICY It took the coronavirus pandemic to open our eyes to the deplorable state of so many of the nation's long-term care homes: the inhumane conditions, overworked and underpaid staff, and lack of oversight. In this timely new book, esteemed health reporter André Picard reveals the full extent of the crisis in eldercare, and offers an urgently needed prescription to fix a broken system. When COVID-19 spread through seniors' residences across Canada, the impact was horrific. Along with widespread illness and a devastating death toll, the situation exposed a decades-old crisis: the shocking systemic neglect towards our elders. Called in to provide emergency care in some of the hardest-hit facilities in Ontario and Quebec, the military issued damning reports of what they encountered. And yet, the failings that were exposed--unappetizing meals, infrequent baths, overmedication, physical abuse and inadequate personal care--have persisted for years in these institutions. In *Neglected No More*, André Picard takes a hard look at how we came to embrace mass institutionalization, and lays out what can and must be done to improve the state of care for our elders, a highly vulnerable population with complex needs and little ability to advocate for themselves. Picard shows that the entire eldercare system--fragmented, underfunded and unsupported--is long overdue for a fundamental rethink. We need to find ways to ensure seniors can age gracefully in the community for longer, with supportive home care and respite for family caregivers, and ensure that long-term care homes are not warehouses of isolation and neglect. Our elders deserve nothing less. A USA Today BESTSELLER! "Informative. Complete. And practical. This book will guide family caregivers through the surprisingly complex world of senior care." —MEHMET OZ, M.D., New York Times bestselling coauthor of *YOU: The Owner's Manual: The Complete All-in-One Care Guide* Choosing the best care for your aging parents and other seniors in your life is not only complex, with multiple options available, it's also highly personal and often emotional. This essential resource—written by the founders of Home Instead Senior Care, the world's largest provider of nonmedical care for seniors—guides you through a comprehensive range of things to consider, step by step, so you can make better informed decisions and be confident that the senior in your life is receiving the best care possible. Checklists and diagnostics will help you: Decide if at-home care is the right choice for you and your loved ones Evaluate the pros and cons of retirement communities, adult care centers, nonmedical caregivers, assisted living facilities, nursing homes, and hospice Determine the costs of senior care options and find helpful support networks "This is not just another book about caring for aging parents. It's a great reference you'll use again and again. *Stages* doesn't shy away from the hard questions. Rather, it shows you how to confront them."—SUZANNE MINTZ, President/CEO, National Family Caregivers Association "Recognizing that there is no one-size-fits-all solution, this salient volume compassionately addresses a full range of hard-to-discuss subjects."--PUBLISHERS WEEKLY All of the authors' profits from the sale of this book will be donated to the Home Instead Senior Care Foundation. Paul and Lori Hogan founded Home Instead Senior Care in 1994. Now with 850 offices in 15 countries, Home Instead is recognized as a global leader and authority on senior care. Visit them at www.stagesofseniorcare.com. Cope with legal, financial, and medical issues Minimize anxiety and stress and make the later years golden Need help caring for an elderly loved one? This sensitive, reassuring guide provides strategies for assessing older persons' needs, arranging for care, ensuring their safety, and enhancing quality of life - all while respecting their dignity. You'll see how to manage physical disabilities and chronic health problems, evaluate nursing homes, and help elders control their destinies. *The Dummies Way* * Explanations in plain English *

"Get in, get out" information * Icons and other navigational aids * Tear-out cheat sheet * Top ten lists
* A dash of humor and fun

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